



2025-2026 Video Response Tips

Test Your Technology:

- Ensure your internet connection is stable.
- Test your webcam, microphone, and headphones in advance.

Choose a Quiet and Well-Lit Space:

- Select a quiet room with minimal distractions.
- Ensure good lighting so that your face is clearly visible.

Maintain Eye Contact:

- Look directly into the camera to create a sense of eye contact.

Body Language:

- Sit up straight and maintain good posture.
- Use hand gestures appropriately but avoid excessive movement.

Prepare Your Environment:

- Remove any clutter that may be visible on camera.

Practice

- Rehearse your response, but you don't need to memorize it. Speak naturally!
- Write down some bullet points of ideas you want to remember to touch on during your response. However, do not *read* your response.



Show Enthusiasm:

- Speak with enthusiasm and a positive tone.

Re-do's:

- If you are not fully satisfied with your response, you have the opportunity to click "Retake" to respond again.